

Nutrition Facts

3 servings per container

Serving size 2 Slices (174g)

Amount Per Serving

Calories 280

% Daily Value*

Total Fat 16g 21%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 800mg 35%

Total Carbohydrate 19g 7%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 6g 12%

Vitamin D 1mcg 4%

Calcium 39mg 4%

Iron 3.96mg 20%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.